



Annual Report

April 2014 to March 2015

**Disabled People Promoting
Independence and Change**

Charity Number: 1065630 Company Number: 3126759

About South Yorkshire Centre for Inclusive Living

SYCIL is a local disability charity that supports people to live independently. We provide a one stop shop of disability services, including:

- Advocacy
- An equipment and assessment service
- Information and advice
- A physiotherapy service
- Condition management support
- Support to make lifestyle changes
- Peer support
- Support to reduce social isolation
- Training
- A third party hate crime reporting service
- Local influence on issues that matter to our members

Strategic Aims

- To enable disabled people to explore opportunities which will lead to independence, choice and control over their lives.
- To widen understanding of the needs of disabled people.
- To ensure that SYCIL has the capacity to achieve its mission and objectives.

Principles

The following principles have been agreed by local disabled people and are reviewed annually:

- SYCIL is committed to a social model of disability which underpins and drives all activities.
- SYCIL works in a holistic way.
- SYCIL is committed to the principles of inclusion, participation and non-discrimination.
- SYCIL values the unique vision which disabled people bring to the innovation, development and delivery of its services.
- SYCIL is committed to the delivery of quality services.

Thanks to Our Funders

Big Lottery
Doncaster CCG
Doncaster Council
Rotherham CCG
Rotherham Council
Voluntary Action Rotherham Social Prescribing
Individual donations - You know who you are!

Patron

Rosie Winterton M.P.

Board of Trustees

Norman Britton
Brian Rawson
Rochelle Garnett

Andy Webb
Linda Pinder
Stephen Hughes

Volunteers

Alison Spencer
Arnold Ntiege
Astrid Mercedes Walton
Bernard Burns
Blaze Muscroft
Brian Rawson
Brian Button
David Norry
Garry Hinslea
Graham Pearman
Jane Speakman
Lesley Forshaw
Maureen Gurney
Neil Richardson
Sam Grimes
Steven Smith
Sue Yeardley
Toyah Wordsworth

Rotherham Peer Support
Chair based exercise classes
Reception and equipment centre
Equipment centre
Silver Lining
Equipment centre
Admin assistance
Benefits
Physiotherapy support
Silver Lining
Reception, welfare benefits support and events
Silver Lining
Reception
Silver Lining
Silver Lining
Silver Lining
Silver Lining
Peer mentor/Service User Group Chair

Staff Team

Madeleine O'Sullivan
Karen Smith
Bridget Gill
Sue Goodship
Caroline Lee
Catherine Keyes
Cheryl Stowe
Deusa Poole
Elspeth Mallowan
Emma Griffiths
Emily Cameron
Helen Butler
Jane Kidd
Janis Mason
Jennifer Triffitt
Kim Nightingale
Philippa Allen
Rachel Waddington

CEO
CEO
Operations Manager
Office Services Manager
Social Media Project Worker
Advice Worker
Information Officer
Community Link Worker
Transport 4 All Co-ordinator
Health and Independent Living Adviser
Administrator/Health Improvement Worker
Advocacy Officer
Advocacy and Independent Living Adviser
Cleaner
Occupational Therapist
Support Worker, Social Prescribing and Advocacy
Physiotherapist
Life Coach

A Few Words

From our Chair...



In the past year the economy has changed but with that SYCIL has continued to adapt and provide valuable services. Within this time we've tested new ways to decrease social isolation; through the use of life coaching and IT knowledge and skills development, alongside further modifying our benefits support to meet growing demand. In the forthcoming year we will strive to stay perceptive in responding to ever changing needs.

Rochelle Garnett

and the Chief Executives...

As always at SYCIL, a great deal of transformation took place last year as we said goodbye to some of our services and team members and welcomed exciting new ventures and people to take them forward. We were pleased to be able to introduce two Doncaster Innovation funded projects that addressed two key areas for our members; transport and social isolation. We were also successful in a tender to deliver a new Community Integration service pilot in Rotherham, supporting people with neurological conditions to make positive life changes. Looking ahead, a significant challenge for SYCIL is that we will no longer receive core funding from Doncaster CCG - a grant/contract that set up our organisation and continued to support our work on behalf of local disabled people for 20 years. However, we are thrilled to announce that we are launching a new Big Lottery funded employment project in the New Year called 'One in Six', and we continually seek to innovate and explore new ideas for income generation and service delivery. We thank our committed trustees, staff and volunteer team for their continued dedication and passion for what they do and the difference they make in local people's lives.

Madelaine O'Sullivan & Karen Smith

Our Services and Activities in 2014-15

Equipment and Assessment Service

Our equipment and assessment centre offers a space where disabled people can come and try out the latest range of equipment from local trusted suppliers in a safe, no pressure environment. We provide information about available products, showcase mobility equipment and provide assessments to help ensure that any equipment that people decide to purchase is right for their needs.

This year we provided **315** individual assessments, **450** people received specialist information and advice, we carried out **3** product exhibitions showcasing the latest equipment, and trained **22** external Health professionals to ensure that good quality referrals are made to the service.

Falls

When someone experiences a fall, it can have a negative physical or psychological effect on them. At SYCIL we aim to reduce these negative effects and help to prevent a fall from happening through our falls service.

This year our Physiotherapist and falls buddies supported **53** individuals in Doncaster and **27** people in Rotherham through assessments, tailored exercise programmes and general support to stay motivated. We also ran **37** exercise classes in Doncaster and **5** falls prevention workshops.

Independent Living/Health Improvement Support

This service offers holistic support to enable people to achieve independence and improved health outcomes. It assists people in a wide range of ways, including advocacy, condition management, support to access and manage personal budgets, benefits assistance, and provision of information about accessible transport or housing options. **186** people were supported through this service.

Dementia Friends

Our Dementia Champion ran Dementia Friends sessions for **70** people this year.

Advocacy

Independent advocacy support enables people to understand the choices available to them, and to ensure that their voice is heard. This year SYCIL provided **148** advocacy contacts in Rotherham, assisting people with a range of support needs including personal budgets, hospital appointments, and housing.

“I was most impressed when I came to view your aids and equipment. The lady who showed me round was kind and helpful”.

“Thank you for your help with getting the right advice to obtain a stairlift for my mother”.

Welfare Benefits Advice

Welfare Reform continues to impact on the lives of disabled people, and SYCIL provides information and advice to assist people to navigate their way through the system and to submit successful claims.

In Rotherham we are members of the Advice in Rotherham (AiR) and ASTF Partnerships, and worked with Rotherham Citizens Advice, Age UK Rotherham, Kiveton Park and Rotherham local authority to deliver co-ordinated advice services. This year we assisted **154** people.

In Doncaster, our volunteers have provided invaluable support to the staff team to assist the increasing need that people have for assistance in applying for benefits.

"I would like to thank you for your help completing my PIP form, which was such an overwhelming task for me. I was awarded enhanced rate PIP for daily living".

Social Prescribing

SYCIL is a provider in the Social Prescribing Scheme run by Voluntary Action Rotherham in partnership with Rotherham GP practices and a number of other voluntary sector organisations. Our 'Befriending Plus' service supported **72** people to regain their independence and access local activities, whilst our peer support service grew with an average of **23** people attending each week to meet new people, access information and take part in fun social activities. We also provided additional information and advice for individuals in Rotherham through this scheme.

Community Integration Service

SYCIL successfully bid to deliver the Community Integration pilot funded by Rotherham CCG and managed by Voluntary Action Rotherham. The aim of the pilot was to support people on the neurological pathway to access wider packages of support in order to make transforming life changes.

In this year **33** people received one to one case management support to identify their goals, their aspirations, and to develop and implement an action plan to achieve these outcomes. One to one support included providing information about services, signposting and referring to community activities and services, and assisting people to attend a new activity. We also set up a highly successful peer support service with **27** people participating to support one another.



Has this group helped you in any way?

"It has helped me to get out more, mix with new people and make friends. I am helping other people, and I give them advice and they give me advice".

Transport 4 All

We were successful in a bid to the Doncaster innovation Fund to begin a new project this year that aims to increase disabled peoples access to transport. Our new Transport 4 All project is delivering Disability Equality training to transport providers including taxi and bus drivers, and is promoting knowledge and self advocacy techniques to disabled people.

Silver Lining

Our Silver Lining service aims to find new ways to reduce social isolation for people in Doncaster. We provide life coaching support for people who are ready to make transforming life changes, and supported **46** people this year. Our Connect pilot recruited **6** individuals to explore how social media training and support with the use of tablets can help people to 'connect' with one another.

Volunteering

Volunteers play a vital role at SYCIL and we value the contributions that all of our volunteers make. We were joined by many new volunteers throughout the year to assist us in areas such as welfare benefits support, reception, falls, equipment and assessment service and our Silver Lining project.

Partnerships

We believe that partnership work is increasingly important, and were active members of a number of multi-agency partnerships in both Doncaster and Rotherham:

- Physical Disability and Sensory Impairment Board in Doncaster
- Doncaster Dementia Alliance
- Doncaster Health & Social Care Forum
- Doncaster Consortium
- Doncaster Falls Strategic Group
- Rotherham Adult Services Consortium
- Making it Real Rotherham
- Rotherham AiR Partnership and ASTF Partnership

Service User Involvement

As a disabled people's user-led organisation, SYCIL works from the premise that it is only disabled people themselves that know what is best for them. SYCIL believes that disabled people have the right to be involved in the work of the organisation and that involvement should encompass the full range of people's experiences. As such SYCIL is governed by disabled people, the strategic direction is set by disabled people and disabled people are involved in the management and running of day-to-day services as members, trustees, staff and volunteers. SYCIL also has a Service User Group that meets monthly and is chaired by a disabled person.



Annual Accounts

THE SOUTH YORKSHIRE CENTRE FOR INCLUSIVE LIVING (a company limited by guarantee)

Registered Charity

Statement of Financial Activities for the period ended 31st March 2015

	Notes	Restricted £	Unrestricted £	2015 £	2014 £
Income and Expenditure					
Incoming resources					
CCG Doncaster - Service Level Agreement	3a	242,210	-	242,210	242,210
DMBC - (Enable)	3	14,652	-	14,652	43,956
Other Grants	4	138,166	-	138,166	46,297
Investment Income		-	309	309	238
Other Income		-	5,603	5,603	2,929
Total Income Resources		395,028	5,912	400,940	335,630
Resources Expended					
Fund Raising and Publicity	5	980	-	980	1,526
Community Services	5	407,169	-	407,169	418,144
Management and Administration	5	21,430	-	21,430	22,008
Total Resources Expended		429,579	-	429,579	441,678
Net Incoming/(outgoing) Resources		-34,551	5,912	-28,639	-106,049
Exceptional Item		-	-	-	110,813
Net (Outgoing)/Incoming Resources transferred to Reserves		-34,551	5,912	-28,639	4,764
Opening Reserves brought forward		5,889	154,530	160,419	155,655
Transfer from/(to) unrestricted funds		46,097	-46,097	-	-
Closing Reserves carried forward	11	17,435	114,345	131,780	160,419

There were no recognised gains or losses for 2015 or 2014 other than those included in the statement of financial activities.

THE SOUTH YORKSHIRE CENTRE FOR INCLUSIVE LIVING
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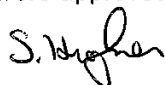
Registered Charity

Balance Sheet as at 31st March 2015

	Note	2015	2014
		£	£
Fixed Assets			
Tangible assets	7	4,012	7,089
Current Assets			
Debtors	8	10,182	23,633
Cash at bank and in hand		<u>127,289</u>	<u>141,674</u>
		137,471	165,306
Creditors: Amounts Falling Due Within One Year	9	<u>9,703</u>	<u>11,977</u>
Net Current Assets		<u>127,768</u>	<u>153,330</u>
Total Assets Less Current Liabilities		<u><u>£131,780</u></u>	<u><u>£160,419</u></u>
 Accumulated Fund	11	 <u><u>£131,780</u></u>	 <u><u>£160,419</u></u>

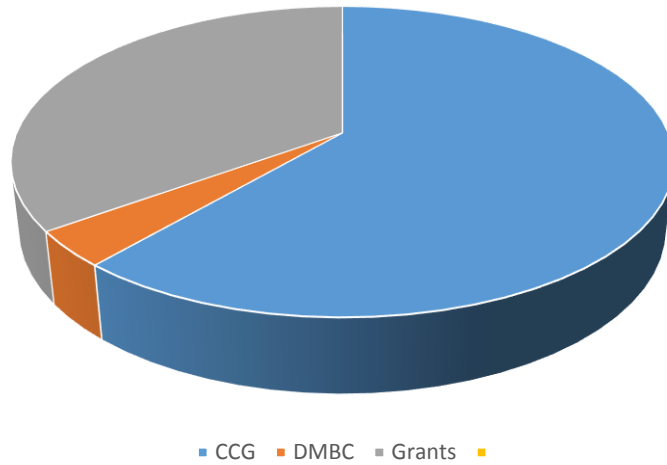
These accounts were prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

They were approved by the board on 5th August 2015 and signed on its behalf.

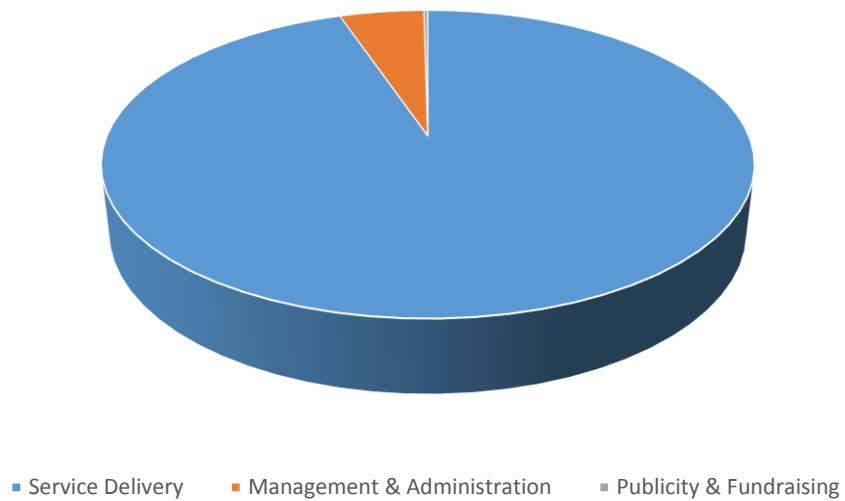


Steven Hughes
Director

Income Period End March 31st 2015



Expenditure Period End March 2015





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